

Evgeni Plushenko: A Legend of Russian Figure Skating

We present to you the story of one of the greatest figure skaters of all time. Evgeni Plushenko has conquered the world stages with his talent and incredible mastery.

His career and legacy continue to inspire new generations of athletes around the world.



Childhood and the Beginning of the Path

1

Birth

Evgeny was born on November 3, 1982 in the village of Solnechny, Khabarovsk Krai.

2

Relocation

At the age of 3, he moved to Volgograd with his family.

3

First Steps on the Ice

He began skating on ice on the recommendation of doctors to improve his health.

4

Professional Training

From 1993, he trained in St. Petersburg under the guidance of Alexei Mishin.





Early Successes

Junior Title

At the age of 14, Evgeni became the Junior World Champion (1997).

Adult Debut

At the age of 15, he won the bronze medal at the World Championships among adults.

Russian Dominance

He won the Russian Championship title ten times in a row (1999-2007).

Olympic Achievements

4

Olympic Medals

Total number of awards at the
Olympic Games

2

Gold Medals

Turin 2006 and Sochi 2014 (team
events)

2

Silver Medals

Salt Lake City 2002 and
Vancouver 2010

Evgeni is the record holder for the most Olympic awards in figure
skating.



World and European Titles





Style and Technique



Technical Elements

Performed the most complex jumps and combinations, inaccessible to most figure skaters.



Mastery of Skating

Demonstrated virtuosic skating with complex transitions between elements.



Artistry

Earned the nickname "Silver Angel" for his special grace and artistry on the ice.



Innovations

Became the pioneer of many of the most complex jump combinations in men's skating.

Retirement from Sports

1

Final Performance

Participated in the 2014 Sochi Olympics.

2

Injury

Had to withdraw from the competition due to a serious back injury.

3

Medical Trials

Underwent 15 complex surgeries during his career.

4

Official Retirement

Announced his retirement from sports in March 2017.



Plushenko Angels Academy

Founding

The academy was founded on April 5, 2017 as a center for figure skating development.

Training

It accepts children from 3 years old and applies its own unique training methodology.

Infrastructure

It is equipped with modern sports equipment and all the necessary facilities.

Mission

It is aimed at developing Russian figure skating and training future champions.



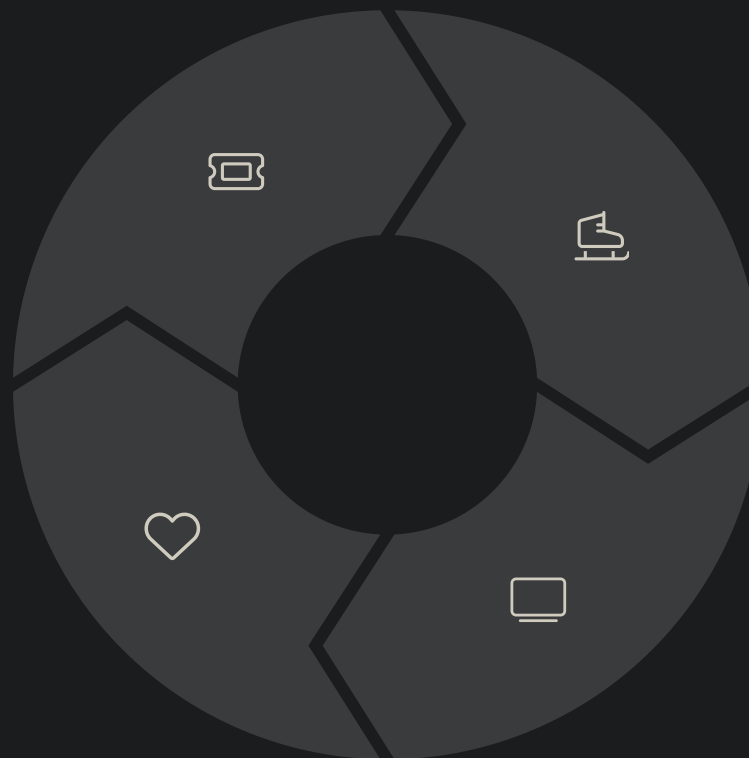
Ice Shows and Post-Sports Career

Ice Shows

Created and participated in numerous world-class ice shows.

Philanthropy

Actively engaged in public and charitable activities.



Ice Performances

Served as a director for unique performances that combine sports and art.

Television Projects

Participated in popular TV shows and entertainment programs.

Personal Life



Evgeni is married to producer Yana Rudkovskaya and is raising two sons. He actively promotes a healthy lifestyle and continues his coaching activities in figure skating.



The Impact on the Development of Figure Skating



Innovation

Radically changed the perception of men's figure skating, introducing new standards.



Mentorship

Trained a whole generation of young talented athletes, passing on his experience.



Expertise

Serves as a regular expert and commentator on sporting events.



Development

Implements ambitious plans to develop the sport in Russia and the world.

Conclusion



Sports Legend

Pluschenko is celebrated as the most iconic figure skater of Russia.



National Pride

He became a symbol of the country's sporting achievements on the world stage.



Inspiration

Evgeni continues to inspire new generations of athletes.



Legacy

He remains a symbol of mastery and dedication to the sport.